छात्र क्रियाकलाप केंद्र



मोतीलाल नेहरू राष्ट्रीय प्रौद्योगिकी संस्थान इलाहाबाद प्रयागराज –211004 (भारत)

Students Activity Center Motilal Nehru National Institute of Technology Allahabad Prayagraj-211004 (India)

No. 76/SAC/2019-20

Date: 20/08/2019

Notice: All Students

Sub.: Three Week Student Activity Center (SAC) Induction Program for Newly Admitted First Year Students 2019-20 (Girls/Boys) of all Courses

This is for the information of all the students that a three-week student activity center (SAC) program for newly admitted first year students 2019-20 (Girls/Boys) of all the courses has been arranged as per attached schedule. Students must note the following regarding their participation.

- For any queries, contact respective FIs/Faculty Coordinator/SAC office/SAS Officer (sports office Gymkhana).
- 2. Please see the notices from respective Faculty Incharge /Faculty Coordinator/SAS Officer/ regarding exact schedule of events under specific section/club.
- 3. Students should take permission from their respective Hostel Wardens regarding participation in the events.

The students are encouraged to participate in the events listed under different sections. This notice is issued after approval of the competent authority.

President SAC

Copy to

- 1. Director for his kind information.
- 2. All FIs and Faculty Coordinators SAC and SAS Officer for necessary action.
- 3. Dean (SW)
- 4. Dean (Academics)
- 5. Chief Warden (Boys and Girls) for necessary action
- 6. Chairman Anti-Ragging Flying Squad
- 7. Coordinator TEQIP-III
- 8. All Notice Boards

(Rajesh Gu President SAC



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NOTICE: All Newly Admitted First Year Students 2019-20

Tentative Schedule of Three-Week Student Activity Centre (SAC) Induction Program for Newly Admitted First Year Students 2019-20 for (Girls/ Boys) of all Courses

| DAY No. | EVENT | DATE/DAY | TIME | VENUE | EVENT DETAIL |
|------------|-----------------|--------------------------|--|--------------|---|
| 1. | SAC BRIEFING | | 5: 00 PM - 6:00 PM | MP HALL | Briefing of SAC Activities by SAC faculty committee |
| | | - | 6:30 PM - 7:30 PM | SVBH | Yoga practice session for First Year Boys Students |
| | YOGA | AUGUST 24, 2019 (SAT) | 7:30 PM - 8:30 PM | KNGH | Yoga practice session for First Year Girls Students |
| | SWAGAT PRACTICE | | 10:00 AM - 8:30PM | MP HALL | Preparation for First Year Boys Students |
| | MARTIAL ARTS | | 7:30 PM - 8:30 PM | SVBH | Martial arts Classes for First Year Boys Students |
| 2. | SWAGAT PRACTICE | AUGUST 25, 2019 | 10:00 AM - 8:30PM | MP HALL | Preparation for First Year Boys Students |
| | MARTIAL ARTS | | 6:30 PM - 7:30 PM | KNGH | Martial arts Classes for First Year Girls Students |
| | | (SUN) | 7:30 PM - 8:30 PM | SVBH | Martial arts Classes for First Year Boys Students |
| 3. | SWAGAT PRACTICE | | 5:30 PM - 8:30 PM | MP HALL | Preparation for First Year Boys Students |
| | YOGA | | 6:30 PM - 7:30 PM | SVBH | Yoga practice session for First Year Boys Students |
| | | AUGUST 26, 2019 (MON) | 7:30 PM - 8:30 PM | KNGH | Yoga practice session for First Year Girls Students |
| | SWAGAT PRACTICE | | 5:30 PM - 8:30 PM | MP HALL | Preparation for First Year Boys Students |
| 4. | SWAGAT PRACTICE | AUGUST 27, 2019 (TUE) | 5:30 PM - 8:30 PM | MP HALL | Preparation for First Year Boys Students |
| | YOGA | | 6:30 PM - 7:30 PM | SVBH | Yoga practice session for First Year Boys Students |
| | | | 7:30 PM - 8:30 PM | KNGH | Yoga practice session for First Year Girls Students |
| | MARTIAL ARTS | | 6:30 PM - 7:30 PM | KNGH | Martial arts Classes for First Year Girls Students |
| | | | 7:30 PM – 8:30 PM | SVBH | Martial arts Classes for First Year Boys Students |
| 5. | SWAGAT PRACTICE | AUGUST 28, 2019 (WED) | 5:30 PM - 8:30 PM | MP HALL | Preparation for First Year Boys Students |
| | YOGA | | 6:30 PM - 7:30 PM 7:30 PM - 8:30 PM | SVBH KNGH | Yoga practice session for First Year Boys Students Yoga practice session for First Year Girls Students |
| | MARTIAL ARTS | | 6:30 PM – 7:30 PM | KNGH | Martial arts Classes for First Year Girls Students |
| | | | 7:30 PM – 8:30 PM | SVBH | Martial arts Classes for First Year Boys Students |

| 6. | SWAGAT PRACTICE | | 5:30 PM - 8:30 PM | MP HALL | Preparation for First Year Boys Students |
|-----|---------------------------------|-----------------------------|-------------------|--|---|
| | YOGA | AUGUST 29, 2019 (THUS) | 6:30 PM - 7:30 PM | SVBH | Yoga practice session for First Year Boys Students |
| | | | 7:30 PM - 8:30 PM | KNGH | Yoga practice session for First Year Girls Students |
| | | | 6:30 PM - 7:30 PM | KNGH | Martial arts Classes for First Year Girls Students |
| | MARTIAL ARTS | | 7:30 PM - 8:30 PM | SVBH | Martial arts Classes for First Year Boys Students |
| 7. | SWAGAT PRACTICE | | 5:30 PM - 8:30 PM | MP HALL | Preparation for First Year Boys Students |
| | | AUGUST 30, 2019 | 6:30 PM - 7:30 PM | SVBH | Yoga practice session for First Year Boys Students |
| | YOGA | (FRI) | 7:30 PM - 8:30 PM | KNGH | Yoga practice session for First Year Girls Students |
| | | | 6:30 PM – 7:30 PM | KNGH | Martial arts Classes for First Year Girls Students |
| | MARTIAL ARTS | | 7:30 PM - 8:30 PM | SVBH | Martial arts Classes for First Year Boys Students |
| 8. | SWAGAT FUNCTION | AUGUST 31, 2019 (SAT) | 4:00 PM – 8:00 PM | MP Hall | First Year fresher function |
| 9. | CRICKET | | 7:00 AM -10:00AM | ATHLETICS GROUND | Selection Trial of Cricket for both Boys and Girls Students |
| | MARTIAL ARTS | SEPTEMBER 01, 2019 | 6:30 PM - 7:30 PM | KNGH | Martial arts Classes for First Year Girls Students |
| | | (SUN) | 7:30 PM - 8:30 PM | SVBH | Martial arts Classes for First Year Boys Students |
| | ATHLETICS | | 4:00 PM - 6:30 PM | ATHLETICS GROUND | Selection Trial of Athletics for both Boys and Girls Students |
| | CARROM | | 5:30 PM - 8:30 PM | MP HALL | Selection Trial of Carrom for both Boys and Girls Students |
| | CHESS | | 4:00 PM - 6:00 PM | MP HALL | Selection Trial of Chess for both Boys and Girls Students |
| | AVISHKAR Briefing | | 2:00 PM - 4:00 PM | MP HALL | Institute Techno-management festival (AVISHKAR) Briefing for newly admitted students |
| 10. | TECHNICAL ACTIVITIES CLASSES | SEPTEMBER 02, 2019 | 6:00 PM - 8:00 PM | GS ROOMS/ NLHC/Students Technical Activity Club | Classes of Robotics/ Computer Coding/Energy/Aeromodeling clubs/AVISHKAR etc. |
| | YOGA | (MON) | 6:30 PM - 7:30 PM | SVBH | Yoga practice session for First Year Boys Students |
| | | | 7:30 PM - 8:30 PM | KNGH | Yoga practice session for First Year Girls Students |
| 11. | TECHNICAL ACTIVITIES CLASSES | SEPTEMBER 03, 2019 | 6:00 PM - 8:00 PM | GS ROOMS/ NLHC/Students Technical Activity Club | Classes of Robotics/ Computer Coding/Energy/Aeromodeling clubs/AVISHKAR etc. |
| | YOGA | (TUES) | 6:30 PM - 7:30 PM | SVBH | Yoga practice session for First Year Boys Students |
| | | | 7:30 PM - 8:30 PM | KNGH | Yoga practice session for First Year Girls Students |
| | MARTIAL ARTS | | 6:30 PM - 7:30 PM | KNGH | Martial arts Classes for First Year Girls Students |
| | | | 7:30 PM - 8:30 PM | SVBH | Martial arts Classes for First Year Boys Students |
| | SPIC MACAY/Indian Classical | | 5:30 PM - 8:30 PM | INSTITUTE SEMINAR HALL | Breifing of Indian Classical and Katthak program by National Artists. |
| 12. | BASKETBALL | SEPTEMBER 04, 2019 (WED) | 5:30PM - 8:30 PM | BASKETBALL COURT | Selection Trial of Basket ball for both Boys and Girls Students |
| | TECHNICAL ACTIVITIES CLASSES | | 6:00 PM - 8:00 PM | GS ROOMS/ NLHC/Students Technical Activity Club | Classes of Robotics/ Computer Coding/Energy/Aeromodeling clubs/AVISHKAR etc. |
| | YOGA | 1 | 6:30 PM - 7:30 PM | SVBH | Yoga practice session for First Year Boys Students |
| | | | 7:30 PM - 8:30 PM | KNGH | Yoga practice session for First Year Girls Students |
| | MARTIAL ARTS | | 6:30 PM - 7:30 PM | KNGH | Martial arts Classes for First Year Girls Students |
| | | | 7:30 PM - 8:30 PM | SVBH | Martial arts Classes for First Year Boys Students |
| | | | | | |

| 13. | MARTIAL ARTS | SEPTEMBER 05, 2019 | 6:30 PM - 8:30 PM | GYMKHANA GROUND | Selection Trial of Martial arts for both Boys and Girls Students |
|-----|--|------------------------------|--|--|--|
| | BASKETBALL | (THUS) | 5:30PM - 8:30 PM | BASKETBALL COURT | Selection Trial of Basket ball for both Boys and Girls Students |
| | TABLE- TENNIS | - | 5:30 PM - 8:30 PM | MP HALL | Selection Trial of Table- Tennis for both Boys and Girls Students |
| | BADMINTON | - | 5:30 PM – 8:30 PM | MP HALL | Selection Trial of Badminton for both Boys and Girls Students |
| | KABADDI | - | 5:30 PM - 8:30 PM | KABADDI COURT | Selection Trial of Kabaddi for both Boys and Girls Students |
| | VOLLEYBALL | - | 5:30 PM - 8:30 PM | VOLLEYBALL COURT | Selection Trial of Volleyball for both Boys and Girls Students |
| | SKATING | | 5:30 PM - 8:30 PM | SKATING COURT | Selection Trial of Skating for both Boys and Girls Students |
| | YOGA | | 6:30 PM - 7:30 PM 7:30 PM - 8:30 PM | SVBH KNGH | Yoga practice session for First Year Boys Students Yoga practice session for First Year Girls Students |
| 14. | PERSONALITY DEVELOPMENT WORKSHOP | SEPTEMBER 06, 2019 (FRI) | 5:30PM - 8:30 PM | SEMINAR HALL/ NLHC/NLHC-1/ MP HALL | Literary events preliminary round for Debate, Essay, Quiz etc. Competition/ Motivational lectures |
| | FOTTBALL | | 5:30PM - 8:30 PM | GYMKHANA GROUND | Selection Trial of Foot ball for both Boys and Girls Students |
| | YOGA | | 9:00 AM - 10:00 AM | GYMKHANA GROUND | Selection Trial of Yoga for both Boys and Girls Students |
| 15. | PERSONALITY DEVELOPMENT WORKSHOP | SEPTEMBER 07, 2019 (SAT) | 10:00 AM - 5:30 PM | SEMINAR HALL/ NLHC/NLHC-1/ MP HALL | Literary events next /final round for Debate, Essay, Quiz etc. Competition/ Motivational Talk (Focus on HINDI EVENTS) |
| | FOTTBALL | | 5:30PM - 8:30 PM | GYMKHANA GROUND | Selection Trial of Foot ball for both Boys and Girls Students |
| | MARTIAL ARTS | | 5:30 PM - 8:30 PM | GYMKHANA GROUND | Selection Trial of MARTIAL ARTS for both Boys and Girls Students |
| | LAWN TENNIS | | 5:30 PM - 8:30 PM | MP HALL | Selection Trial of Lawn Tennis for both Boys and Girls Students |
| 16. | PERSONALITY DEVELOPMENT WORKSHOP | SEPTEMBER 08, 2019 (SUN) | 10:00 AM – 5:30 PM | SEMINAR HALL/ NLHC/NLHC-1/ MP HALL | Literary events final round for Debate, Essay, Quiz etc. Competition (if required)/ Motivational Talk |
| | HOCKEY | - | 11:00 PM -12:30PM | GYMKHANA GROUND | Selection Trial of Hockey for both Boys and Girls Students |
| | LAWN TENNIS | | 5:30 PM - 8:30 PM | LAWN TENNIS COURT | Selection Trial of Lawn Tennis for both Boys and Girls Students |
| 17. | YOGA | SEPTEMBER 09, 2019 (MON) | 6:30 PM - 7:30 PM | SVBH | Yoga practice session for First Year Boys Students |
| 1. | | | 7:30 PM - 8:30 PM | KNGH | Yoga practice session for First Year Girls Students |
| | TECHNICAL ACTIVITIES CLASSES | | 6:00 PM - 8:00 PM | GS ROOMS/ NLHC/Students Technical Activity Club | Classes of Robotics/ Computer Coding/Energy/Aeromodeling clubs/AVISHKAR etc. |
| 18. | YOGA | | 6:30 PM - 7:30 PM | SVBH | Yoga practice session for First Year Boys Students |
| | | SEPTEMBER 10, 2019 (TUES) | 7:30 PM - 8:30 PM | KNGH | Yoga practice session for First Year Girls Students |
| | MARTIAL ARTS | | 6:30 PM - 7:30 PM | KNGH | Martial arts Classes for First Year Girls Students |
| | | | 7:30 PM - 8:30 PM | SVBH | Martial arts Classes for First Year Boys Students |
| | TECHNICAL ACTIVITIES CLASSES | | 6:00 PM – 8:00 PM | GS ROOMS/ NLHC/Students Technical Activity Club | Classes of Robotics/ Computer Coding/Energy/Aeromodeling clubs/AVISHKAR etc. |
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| 19. | YOGA | | 6:30 PM - 7:30 PM | SVBH | Yoga practice session for First Year Boys Students |
|-----|---------------------------------|---------------------------|-------------------|--|--|
| | | | 7:30 PM - 8:30 PM | KNGH | Yoga practice session for First Year Girls Students |
| | MARTIAL ARTS | SEPTEMBER 11, 2019 | 6:30 PM - 7:30 PM | KNGH | Martial arts Classes for First Year Girls Students |
| | | (WED) | 7:30 PM - 8:30 PM | SVBH | Martial arts Classes for First Year Boys Students |
| | GYM ACTIVITY | | 5:00 PM - 8:30 PM | GYMKHANA/GIRLS SAC | Selection Trial of GYM for both Boys and Girls Students |
| | КНО- КНО | | 5:00 PM - 8:30 PM | GYMKHANA GROUND | Selection Trial of KHO-KHO for both Boys and Girls Students |
| | TECHNICAL ACTIVITIES CLASSES | | 6:00 PM – 8:00 PM | GS ROOMS/ NLHC/Students Technical Activity Club | Classes of Robotics/ Computer Coding/Energy/Aeromodeling clubs/AVISHKAR etc. |
| 20. | YOGA | | 6:30 PM - 7:30 PM | SVBH | Yoga practice session for First Year Boys Students |
| | | SEPTEMBER 12, 2019 | 7:30 PM - 8:30 PM | KNGH | Yoga practice session for First Year Girls Students |
| | | (THUS) | 6:30 PM - 7:30 PM | KNGH | Martial arts Classes for First Year Girls Students |
| | MARTIAL ARTS | | 7:30 PM - 8:30 PM | SVBH | Martial arts Classes for First Year Boys Students |
| | GYM ACTIVITY | | 5:00 PM - 8:30 PM | GYMKHANA/GIRLS SAC | Selection Trial of GYM for both Boys and Girls Students |
| | TECHNICAL | | 6:00 PM - 8:00 PM | GS ROOMS/ NLHC/Students | Classes of Robotics/ Computer Coding/Energy/Aeromodeling |
| | ACTIVITIES CLASSES | | | Technical Activity Club | clubs/AVISHKAR etc. |
| 21. | YOGA | | 6:30 PM - 7:30 PM | SVBH | Yoga practice session for First Year Boys Students |
| | | SEPTEMBER 13, 2019 | 7:30 PM - 8:30 PM | KNGH | Yoga practice session for First Year Girls Students |
| | MARTIAL ARTS | (FRI) | 6:30 PM – 7:30 PM | KNGH | Martial arts Classes for First Year Girls Students |
| | | | 7:30 PM - 8:30 PM | SVBH | Martial arts Classes for First Year Boys Students |
| | GIRLS SAC | | 5:00 PM - 8:30 PM | GIRLS SAC | Competition in Girls SAC |
| | COMPETITION | | | | |
| | TECHNICAL | | 6:00 PM - 8:00 PM | GS ROOMS/ NLHC/Students | Classes of Robotics/ Computer Coding/Energy/Aeromodeling |
| | ACTIVITIES CLASSES | | | Technical Activity Club | clubs/AVISHKAR etc. |