

कार्यालय अधिष्ठाता (छात्र कल्याण) मोतीलाल नेहरु राष्ट्रीय प्रौद्योगिकी संस्थान इलाहाबाद प्रयागराज — 211004

Office of the Dean (Student Welfare) Motilal Nehru National Institute of Technology Allahabad

Prayagraj-211004 (India)

ND-1342/DSW/2020

Dated: 14.12.2020

NOTICE

For the wellbeing of the students, particularly during pandemic (COVID – 19), the Institute has engaged Dr. Kamlesh Tiwari, Ex Principal, Bureau of Psychology, Prayagraj as Professional counselor to provide better solution to academic/personal issues of the students. From December 14, 2020, Dr. Kamlesh Tiwari will provide his services to the students through online mode using **Microsoft Teams** as per the following details:

1. Online Counseling (Personal and Private)

Timing: 10.

: 10.00 AM - 12: 00 PM

Day

: Every Saturday

For personal interaction to the professional counselor, you are advised to follow the **procedure given below**:

By using the Call [] option of Microsoft Teams, call to the professional counselor during the time slot given above. If no one will be in the meeting room you will be allowed to enter by the counselor otherwise wait for your turn.

You may take a prior appointment for an appropriate time slot by sending a message on the counselor's WhatsApp No. (9454255216).

2. Online Counseling (Open counseling)

Timing and Days

: 10: 00 AM to 12:00 PM (Every Sunday)

: 6: 00 PM to 7:00 PM (Every Tuesday in case of no lecture)

During above days and timing, the counselor will be available online on a team named "Let's Talk आओ बातें करें" (code for joining the team is "wkybe05").

3. Online Motivational Lecture

The professional counselor will also be delivering motivational lectures, including "Methods to remove stress" and "Secrets of happiness" etc. to the students as per the following details:

Timing and Days

: 6: 00 PM to 7:00 PM (Every Tuesday and Thursday)

During above days and timing, the counselor will be available online on a team named "Stay Motivated" (code for joining the team is "g689rxb").

All of you are requested to attend his lectures and get benefited by it.

(K.N. Pandey)

Dean (Student Welfare)
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Motilal Nehru National Institute of Technology Alld Prayagraj-211004 (India)