

कार्यालय अधिष्ठाता (छात्र कल्याण) मोतीलाल नेहरू राष्ट्रीय प्रौद्योगिकी संस्थान इलाहाबाद प्रयागराज – 211004 Office of the Dean (Student Welfare) Motilal Nehru National Institute of Technology Allahabad Prayagraj-211004 (India)

Date: 17.08.2020

## **NOTICE**

For the wellbeing of the students, particularly during pandemic (COVID – 19), the Institute has engaged Dr. Kamlesh Tiwari, Ex Principal Bureau of Psychology, Prayagraj as a Professional counselor to provide a better solution to academic/personal issues of the students. From 17<sup>th</sup> August 2020, Dr. Kamlesh Tiwari will provide his services to the students through online mode using **Microsoft Teams** as per the following details:

## 1. Online Counseling

**Timing** : 10.00 AM – 12: 00 PM

Days : Saturday and Sunday

For personal interaction with the professional counselor, you are advised to follow **the procedure given below**:



By using the **Call** [ ] option of **Microsoft Teams**, call to the professional counselor during the time slot given above and search for **Kamlesh Tiwari**. If no one will be in the meeting room you will be allowed to enter by the counselor otherwise wait for your turn.

You may take a prior appointment for an appropriate time slot by sending a message on the counselor's WhatsApp No. (9454255216).

## 2. Online Motivational Lectures and consultation

The professional counselor will also be delivering **motivational lectures**, including "Methods to remove stress" and "Secrets of happiness" etc. to the students as per the following details:

**Timing** : 6: 00 to 7:00 PM

**Days** : Tuesday and Thursday of every week.

Mode (online) : Microsoft Team "Let's Talk" (code: g689rxb).

All of you are requested to attend his lectures and get benefited by it.

(K.N. Pandey) Dean (Student Welfare